
Get 'em Moving!!

— AVID Strategies that Incorporate —
Movement

Round Robin PD 11/2

Stand/Sit/Spell

- Review consonants/vowels with students
- Assign a motion for consonants and another for vowels
 - i.e. Stand up when you say a consonant, sit down when you say a vowel
- Spell a vocabulary word/concept/answer together as a class or small group
- Practice multiple times. Speed it up.
- Switch it up
 - i.e. Boys stand on consonants and sit on vowels; girls sit on consonants, stand on vowels

- Quick review
- Activates multiple areas of the brain
- Fun

Strike A Pose

- Teacher pauses instruction, lecture, notes to review content
 - Students “strike a pose” or create a movement to represent whatever they are learning about
 - vocabulary words, concepts, processes, etc.
 - Can be done individually, with a partner, or with a small group
-
- Movement
 - Option for collaboration
 - Potential for higher order thinking
 - Fun

Numbered Heads Together

- Students in small groups (ideally you have the same number in each one)
 - If that is not possible, you may have to double-up on numbers (i.e. have two #1s, etc.)
 - Movement is involved based on how you get the kids into groups
 - Either/Or question, 4 Corners, Rotate Rows
- Each person is assigned a number
- Teacher asks a question
- Group discusses answer
- Teacher calls out a number and that person is the spokesperson responsible for sharing the group's answer.

- Collaboration
- Protection

Stand Up, Share Out, Sit Down

- Students are in small groups
 - Everyone in the group stands up
 - Share your ideas/responses one person at a time
 - After you share, you sit down.
-
- Communication; Quick way to tell who has participated
 - Keeps the pace of class moving
 - Provides protection for students--sharing with small group instead of or before sharing with the whole class